



GOLD

King Edward VII School

What students say

“Loved the location.” Charlotte

“I found the expedition challenging physically and mentally – however it was a challenge that I really enjoyed and would definitely recommend to others.” Ben

“I learnt a lot about the people around me and myself, our capabilities and limits. I enjoyed the entire thing.” Jack

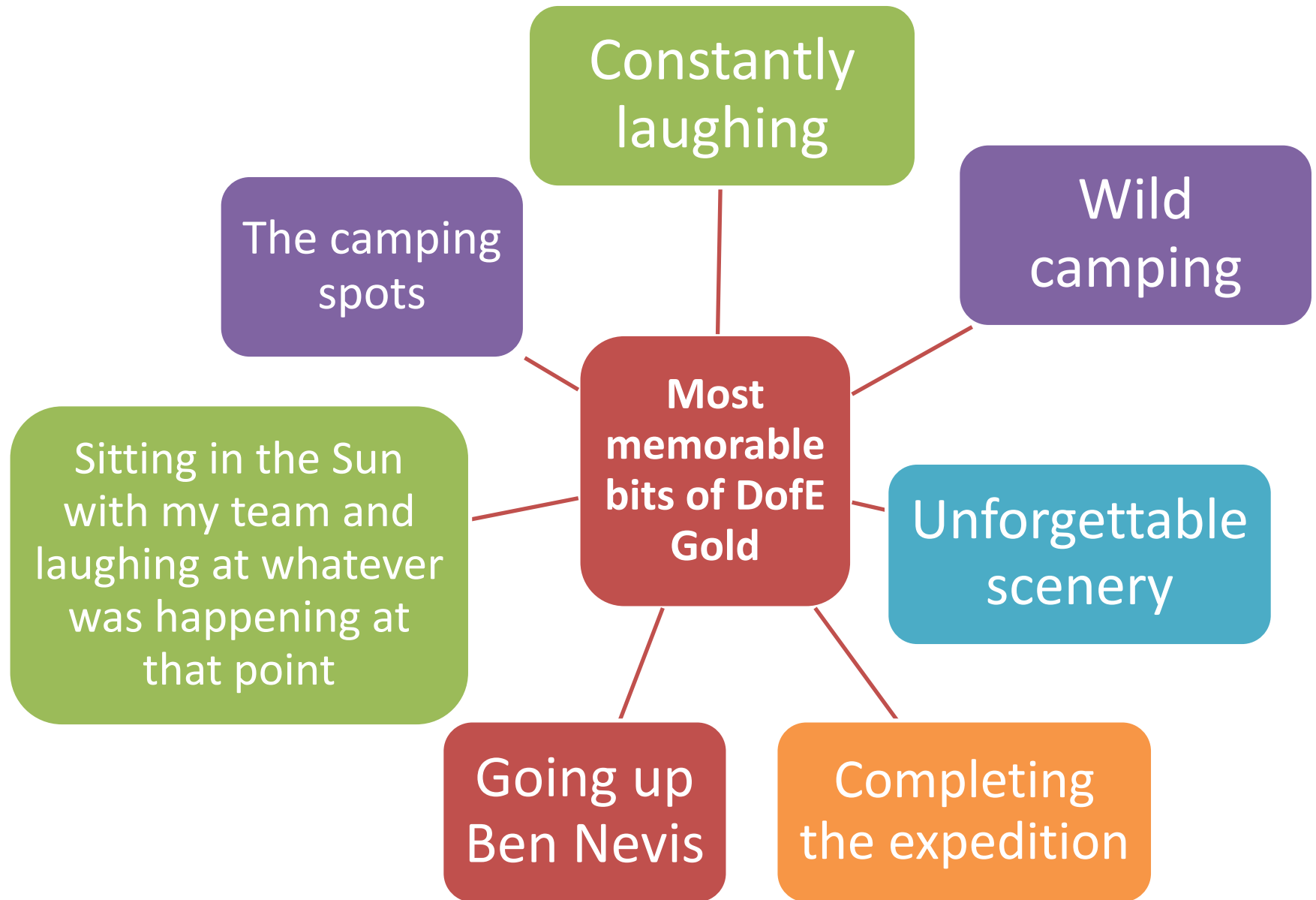
What students say

“I think it’s such an amazing opportunity to learn new skills, see spectacular places and to form stronger friendships with your group.” Mary

What students say

“I really enjoyed switching off and not looking at my phone for 4 days” Henry

What students say



What students say



The DofE is...

The world's leading achievement award for young people.

- Non-competitive
- Achievable by all
- Voluntary
- **Personal development**
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable



DofE Sections

- **Volunteering:** undertaking service to individuals or the community
- **Physical:** improving in an area of sport, dance or fitness activities
- **Skills:** developing practical and social skills and personal interests
- **Expedition:** planning, training for and completion of an adventurous journey in the UK or abroad
- **Residential:** involves working and staying away from home doing a shared activity

Gold Award (16+ years old)

GOLD

Volunteering **12** months

Physical

one section for
12 months, the
other for 6 months

Skills

Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.

Expedition **4** days **3** nights



Residential **5** days **4** nights

Choosing activities

- There is a massive choice of activities that count towards DofE programmes.
- It could be something completely new or building on an existing activity.



Volunteering

Aim

- To inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.



- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation



Aim

- To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.



Physical categories

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness
- Extreme sports
- Martial arts



Aim

- To inspire young people to develop practical and social skills and personal interests.



Skills categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world
- Games and sports



Aim

- To inspire participants through a concentrated involvement with people they don't know, who are usually from different backgrounds, and bring alternative views to the challenges they will face.



- Developing an existing interest or something new:
 - Assisting at a kids' summer camp
 - Joining a conservation project
 - Doing a photography course
 - Improving language skills on an intensive course
 - Stewarding at a music festival



Expedition

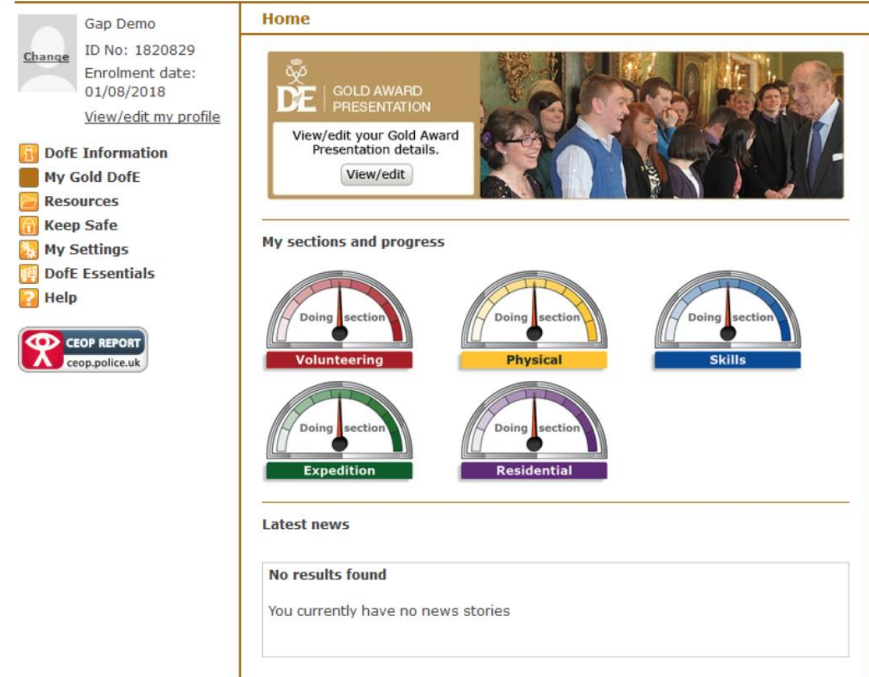
Aim

- To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.



Recording and approving

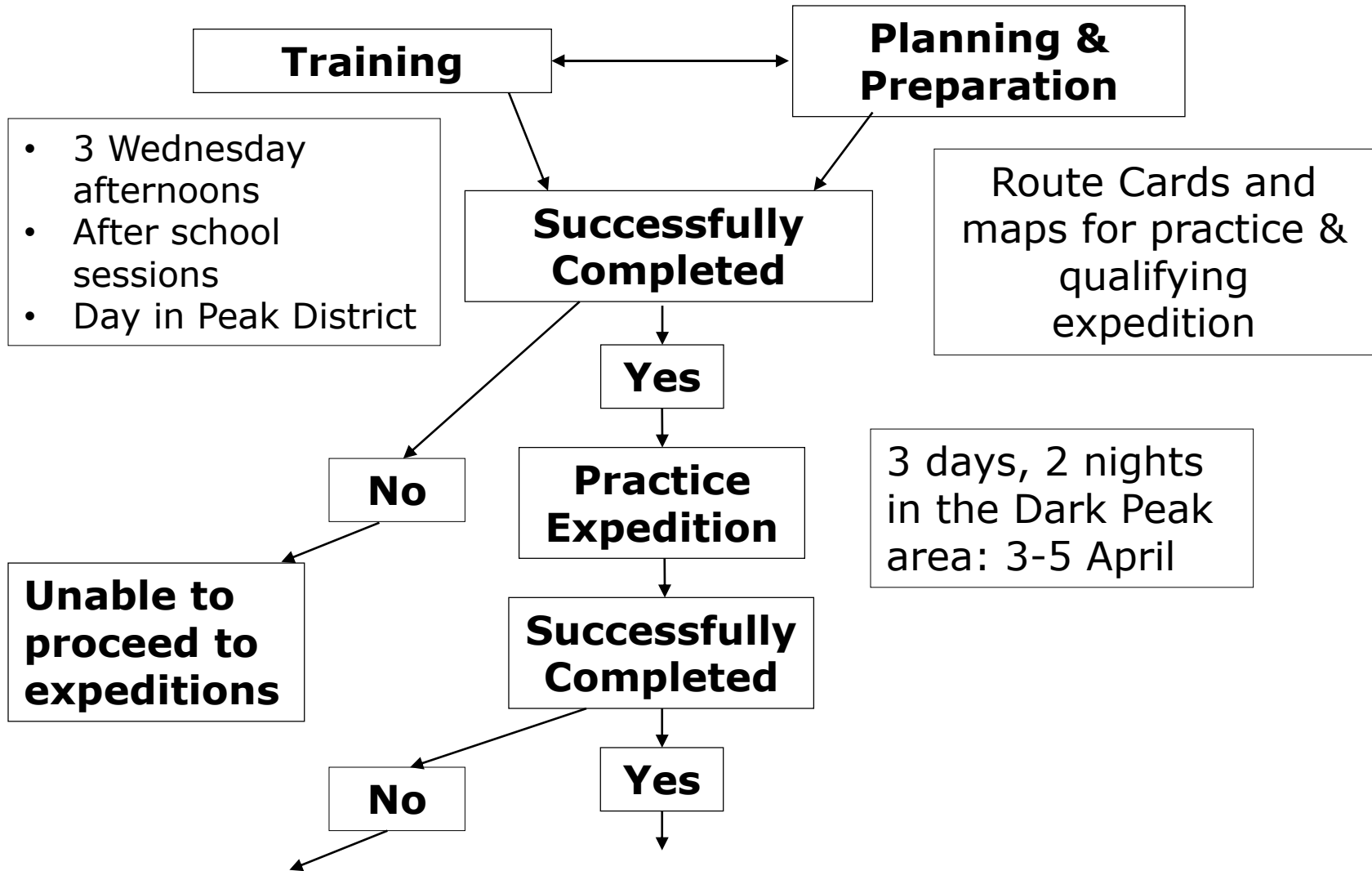
- **eDofE** is the online account participants use to record all their DofE Award.
- And is also available as an **eDofE** mobile site.
- Each section gets signed off by an assessor.

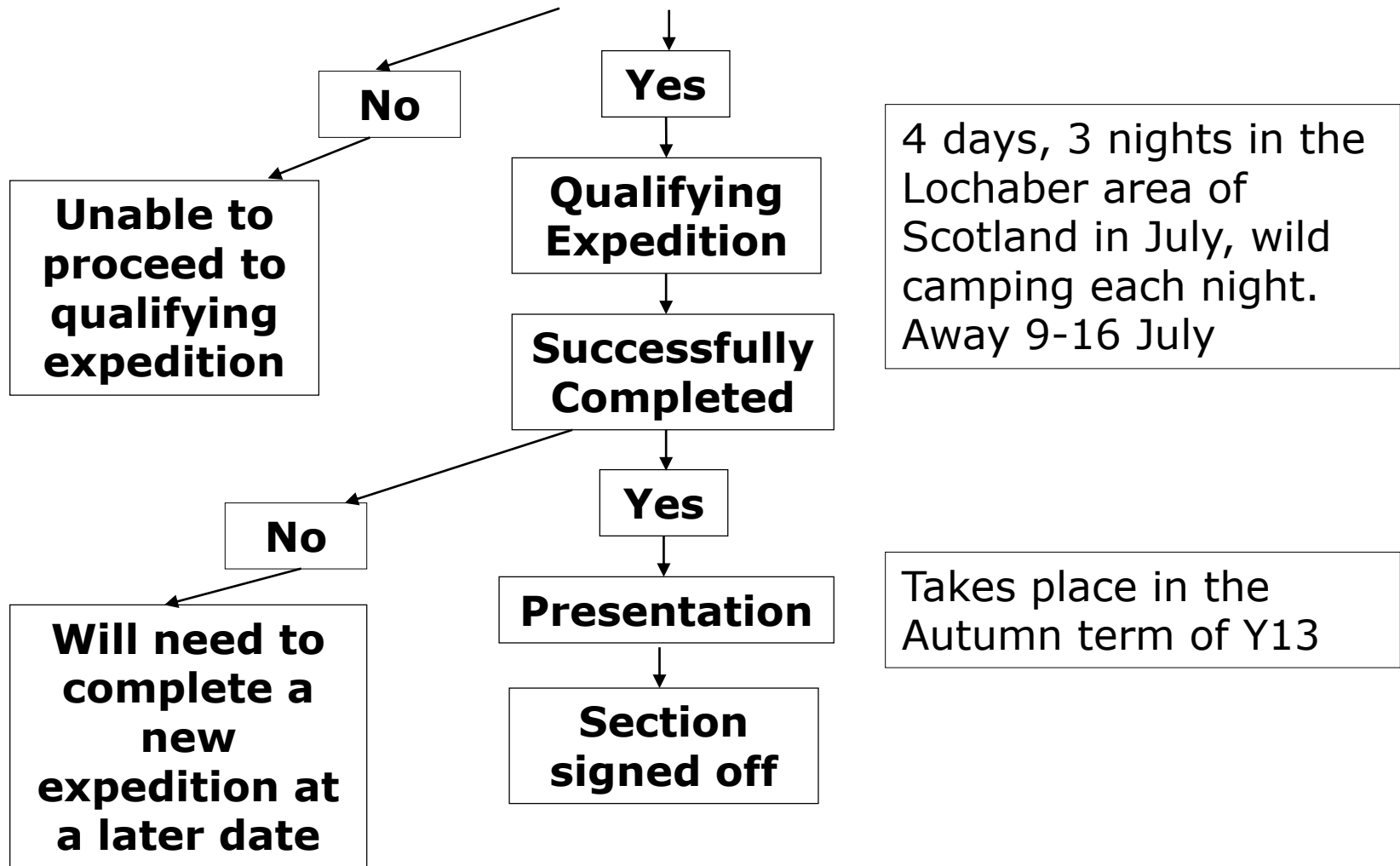


The screenshot shows the user interface of the eDofE website. On the left, there is a user profile section for 'Gap Demo' with ID No: 1820829 and an enrolment date of 01/08/2018. Below this is a navigation menu with options: DofE Information, My Gold DofE, Resources, Keep Safe, My Settings, DofE Essentials, and Help. A 'CEOP REPORT' button is also visible. The main content area is titled 'Home' and features a 'GOLD AWARD PRESENTATION' banner with a 'View/edit' button. Below the banner, there are five progress gauges for different sections: Volunteering, Physical, Skills, Expedition, and Residential. Each gauge shows a needle pointing to the 'Doing' section. At the bottom, there is a 'Latest news' section with the message 'No results found' and 'You currently have no news stories'.



The expedition process part 1





Kit

- A kit list will be sent out with the Welcome Pack
- School has kit that we can loan
- A discount card for various outdoor shops is included in the Welcome Pack



Cost of the expedition

- The cost of taking part in the expedition is £220.
- This covers
 - Training
 - Camp fees in Scotland
 - Travel to and from Scotland
 - Insurance
 - Staff costs
- This does **not** cover
 - Food
 - All equipment – although most equipment can be loaned
 - Transport to or from training walk or practice expedition (both in Peak District)
 - Camp fees for practice expedition

Money...

- Money should not be a barrier.
- The KES DofE Access Fund is available.
- If you would like to **contribute** to or **apply for support** from the Fund, you can do this via Parent Pay – more details will come out with the expedition information.

What happens next?

- Enrolment forms need to be returned, along with enrolment fee of £29 by **Monday 23rd September 2019**
- Receive a Welcome Pack in the post
- An eDofE introduction takes place on **Tuesday 8th October.**
- Payment and groups need sorting by **Friday 25th October**
- Training sessions will start on **Tuesday 5th November** (details will be sent out at the training session on 8th October)

More information

- For more information on the Award, and what activities can and can't be done go to:

www.dofe.org

www.dofe.org/sections

Email: dofe@kes.sheffield.sch.uk